

## Benefits/Burdens of Tube Feeding/PEG Placement for Adults

### Resources for Physicians, Nurse Practitioners and Physician Assistants

#### American Geriatrics Society

- [Position Statement](#) - Feeding Tubes in Advanced Dementia (2014)

#### Choosing Wisely®

*Choosing Wisely*® is an initiative of the American Board of Internal Medicine Foundation to help clinicians and patients engage in conversations to reduce overuse of tests and procedures, and support patients in their efforts to make smart and effective care choices. More than 70 [specialty society partners](#) have released recommendations with the intention of facilitating wise decisions about the most appropriate care based on a patient's individual situation.

- The [American Academy of Hospice and Palliative Medicine](#) and the [American Geriatric Society](#) listed this recommendation as #1 of their top 5 in 2013, the first year of the Choose Wisely Campaign:

***Don't RECOMMEND percutaneous feeding tubes in individuals with advanced dementia.  
Instead, offer oral assisted feedings.***

- The [American Medical Directors Association](#) – The Society for Post-Acute and Long-Term Care Medicine (AMDA) listed this recommendation as #1 of their top 5 in 2013, the first year of the Choose Wisely Campaign:

***Don't INSERT percutaneous feeding tubes in individuals with advanced dementia.  
Instead, offer oral assisted feedings.***

#### Clinical Frailty Scale (CFS)©

Geriatric Medicine Research, Dalhousie University, Halifax, Canada. Permission granted to copy the Clinical Frailty Scale for research and education purposes only.

For more information on the CFS: <https://www.dal.ca/sites/gmr/our-tools/clinical-frailty-scale.html>

#### [CompassionAndSupport.org](#)

Anyone can suddenly face serious life-threatening illness and death. People should plan ahead, know their choices, and share their wishes. This can help with making sound decisions. Patients deserve to be treated with dignity, respect and compassion and to receive care that is focused on their goals. Families deserve to receive support.

CompassionAndSupport.org aims to engage, educate and empower patients, families and professionals on issues related to advance care planning, health care proxies, palliative care, and pain management.

#### [MOLST.org](#)

The Medical Orders for Life-Sustaining Treatment (MOLST) program is designed to improve the quality of care seriously ill people receive at the end of life. MOLST is based on the patient's current health status, prognosis, and goals for care. The discussion emphasizes shared medical decision-making that helps the patient understand what can and cannot be accomplished. The result is a set of medical orders that must be honored by all health care professionals in all settings. MOLST.org aims to engage, educate and empower patients, families and professionals on MOLST, New York's endorsed National POLST Paradigm Program. Medical orders related to feeding tubes is included. See <https://molst.org/how-to-complete-a-molst/molst-form/feeding-tubes/>

Authority of Nurse Practitioners under Current NYS Law (2018, 2019) <https://molst.org/ethics-laws/advance-care-planning/authority-of-nurse-practitioners-and-current-nys-law/> Accessed March 19, 2020

Authority of Physician Assistants under Current NYS Law (2020) <https://molst.org/ethics-laws/proposed-legislation/authority-of-physician-assistants-under-current-nys-law/> Accessed March 19, 2020

NYSDOH MOLST Checklists: [https://www.health.ny.gov/professionals/patients/patient\\_rights/molst/](https://www.health.ny.gov/professionals/patients/patient_rights/molst/)

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[OPWDD MOLST Legal Requirements Checklist for Individuals with Developmental Disabilities](https://opwdd.ny.gov/opwdd_resources/information_for_clinicians/documents/molst-checklist)  
[https://opwdd.ny.gov/opwdd\\_resources/information\\_for\\_clinicians/documents/molst-checklist](https://opwdd.ny.gov/opwdd_resources/information_for_clinicians/documents/molst-checklist)

### Professional Society Statements

American Gastroenterological Association. American Gastroenterological Association Medical Position Statement: Guidelines for the Use of Enteral Nutrition. *Gastroenterology*. 1995;108:1280-1301  
[http://www.gastrojournal.org/article/0016-5085\(95\)90230-9/pdf](http://www.gastrojournal.org/article/0016-5085(95)90230-9/pdf)

American Geriatrics Society Feeding Tubes in Advanced Dementia Position Statement. American Geriatrics Society Ethics Committee and Clinical Practice and Models of Care Committee Disclosures. *J Am Geriatr Soc*. 2014;62(8):1590-1593.

American Academy of Hospice and Palliative Medicine. Five Things Physicians and Patients Should Question. *Choosing Wisely®* is an initiative of the ABIM Foundation. 2013 Feb. <http://www.choosingwisely.org/societies/american-academy-of-hospice-and-palliative-medicine/>

American Medical Directors Association (AMDA). Altered nutritional status in the long-term care setting. Columbia (MD): American Medical Directors Association (AMDA).2010. 35 p. <http://www.guideline.gov/content.aspx?id=32490>

American Medical Directors Association. Ten Things Physicians and Patients Should Question. *Choosing Wisely®* is an initiative of the ABIM Foundation. 2013 September (1-5) and 2015 March (6-10); rationale for #8 updated 2015 July <http://www.choosingwisely.org/societies/amda-the-society-for-post-acute-and-long-term-care-medicine/>