Monroe County Medical Society Community-wide Guidelines

Benefits/Burdens of Tube Feeding/PEG Placement for Adults

Tube Feeding/PEG Placement Guide

Patient Name_________________________________________Date of Birth____________________Date _______________

Complete the blanks and check all that apply:

1. I have completed a global assessment and:
   □ No reversible factors have been identified
   □ Reversible factors have been identified and addressed, but eating/feeding/nutritional assessment have not shown significant improvement

2. For this patient, the assessment of potential benefits of tube feeding are as follows (Refer to Benefits and Burdens of PEG Placement table, on page 1 of this guideline, as a method to complete this assessment):
   □ Likely □ Uncertain □ Not Likely to prolong life
   □ Likely □ Uncertain □ Not Likely to improve quality of life
   □ Likely □ Uncertain □ Not Likely to enable potentially curative therapy or reverse the disease process

3. Discussions have taken place with:
   ________________________________________________________________
   Name of Medical Decision Maker
   □ Patient □ Health Care Agent □ Public Health Law Surrogate □ § 1750-b Surrogate*
   *If surrogate for a developmentally disabled person, consultation with medical ethics or legal services is suggested, as special rules apply.
   ________________________________________________________________
   Name(s) or other person(s) involved in the discussion
   □ understanding of current illness and prognosis (including functional recovery)
   □ benefits and burdens of PEGs and other treatment options
   □ patient’s advance directives, prior wishes, values, cultural & spiritual concerns, if any, and goals for care (rather than technical options)

4. □ Discussions about the above areas have been documented in the chart

5. Tube Feeding: □ WILL be started □ WILL NOT be started

6. FOR PATIENTS WHO WILL START TUBE FEEDING:
   • The tube feeding decision is based on:
     □ prolonging life
     □ improving quality of life and/or functional status
     □ enabling potentially curative therapy or reversing the disease process
     □ other __________________________

   • The initial re-assessment of the need for tube feeding will be in: □ 30 days □ 60 days □ _____ days #

   Because the benefits or failures of tube feeding are likely to occur within 3-6 months following placement, periodic reassessment is most important.

   • Subsequent assessments will be based on clinical status.
     ■ Need will be based on the following goals of therapy:
       □ returning to baseline level of consciousness □ prolonging life
       □ weight gain and/or improvement in nutrition □ improving quality of life and/or functional status
       □ regaining ability to swallow □ enabling potentially curative therapy
       □ other: __________________________

   Physician, Nurse Practitioner or Physician Assistant* Signature __________________________
   or Physician Assistant* Printed Name __________________________ Date __________________________

   - Guidelines are intended to be flexible. They serve as reference points or recommendations, not rigid criteria. Guidelines should be followed in most cases, but there is an understanding that, depending on the patient, the setting, the circumstances, or other factors, care can and should be tailored to fit individual needs. For patients associated with OPWDD a separate process must be followed, see OPWDD checklists.

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