

## Benefits/Burdens of Tube Feeding/PEG Placement for Adults

### Resources for Patients

#### **ALS Association**

Provides information about feeding tubes for people with ALS and caregivers.

#### **Choosing Wisely®**

*Choosing Wisely®* is an initiative of the American Board of Internal Medicine Foundation to help physicians and patients engage in conversations to help make wise decisions about the most appropriate care based on a patient's individual situation. Consumer Reports is a partner in this effort and works with more than 70 specialty societies to create patient educational material about what care is best for them and the right questions to ask their physicians.

- Information about feeding tubes for people with Alzheimer's. Developed in cooperation with the American Academy of Hospice and Palliative Medicine and the American Geriatrics Society.

[English](#) version

[Spanish](#) version

#### **CompassionAndSupport.org**

Anyone can suddenly face serious life-threatening illness and death. People should plan ahead, know their choices, and share their wishes. This can help with making sound decisions. Patients deserve to be treated with dignity, respect and compassion and to receive care that is focused on their goals. Families deserve to receive support. CompassionAndSupport.org aims to engage, educate and empower patients, families and professionals on issues related to advance care planning, health care proxies, palliative care, and pain management.

#### **MOLST.org**

The Medical Orders for Life-Sustaining Treatment (MOLST) program is designed to improve the quality of care seriously ill people receive at the end of life. MOLST is based on the patient's current health status, prognosis, and goals for care. The discussion emphasizes shared medical decision-making that helps the patient understand what can and cannot be accomplished. The result is a set of medical orders that must be honored by all health care professionals in all settings. MOLST.org aims to engage, educate and empower patients, families and professionals on MOLST, New York's endorsed National POLST Paradigm Program. Medical orders related to feeding tubes is included. See <https://molst.org/how-to-complete-a-molst/molst-form/feeding-tubes/>

#### **Health in Aging Foundation** (Foundation of the American Geriatric Society)

Recommendations on the use of feeding tubes in people with advanced dementia.

#### **University of North Carolina Palliative Care Program**

- [Making Choices: Feeding Options for Patients with Dementia](#) - Decision aid that explains feeding options for people with dementia. (PowerPoint)
- [Helps educate families about feeding problems in people with dementia](#) (video)